



An FDA Regulated “Medical Food” that Addresses the root brain cell causes of poor mental aging and brain disease.

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**An evidence-based all-natural management plan proven to:**

**PREVENT**

Poor Brain Aging

**ARREST**

Brain Disease Progression

**MANAGE**

Symptoms

**RESTORE**

Brain Tissue

## Luma TC Helps with **Cognitive Impairment**

1. Mild/Moderate Memory Loss & Word Recall
2. Poor Concentration & Attention
3. Loss of Train of Thought
4. Brain Fog
5. Feeling Overwhelmed
6. Anxiety/Irritability/Aggression
7. Depression/Apathy
8. Mild Confusion

Luma TC | Once-a-day Tablet

# INGREDIENTS

Dye Free | Gluten Free | Bovine Free | Soy Free | Casein Free

Yeast Free | Glucose Free | Lactose Free

<b>Theracurmin (TC) Sub-micron particle curcumin</b>	<b>180mg</b>
<b>Lithium Orotate</b>	<b>5mg</b>
<b>N-Acetyl Cysteine</b>	<b>300mg</b>
<b>L-Methylfolate Calcium</b>	<b>500mcg</b>
<b>Methylcobalamin (B12)</b>	<b>50mcg</b>
<b>Pyridoxal-5-Phosphate (B6)</b>	<b>5mg</b>

Luma TC addresses the cellular root causes of brain aging disease processes safely with no drug side effects:

**Brain Plaques & Tangles | Brain Inflammation**  
**Brain Oxidative Stress | Brain Tissue Loss**

## The Ingredients in Luma TC are Proven in Human Clinical Trials to:

- **Improve Memory & Attention**
- **Improve Age-related Mood Disorder**
- **Prevent Cognitive Function Decline**
- **Remove Plaques and Tangles**
- **Lower inflammatory Measures**
- **Lower Oxidative Stress**
- **Increase Brain Tissue**
- **Decrease Brain Shrinkage**

Memory and Brain Amyloid and Tau Effects of a Bioavailable Form of Curcumin in Non-Demented Adults: A Double-Blind Placebo-Controlled 18 Month Trial  
Gary Small MD, Chief of Geriatric Psychiatry, UCLA, Am J Geriatric Psychiatry, March 2018

*Theracurmin may be a therapeutic option for elderly patients with MCI or AD: A 6-month 93 patient, retrospective follow-up study.* Fatma Dost et al, 2021

Double-Blind 3-Way Crossover Human PK Trial  
Colloidal Submicron - Particle Curcumin Exhibits High Absorption Efficiency  
J Nutr Sci Vitaminol, 61, 37-44, 2015 - Sunagawa et al

*A Highly Bioavailable Orotate Form of Lithium with a 3-fold Affinity for CNS Absorption and Good Availability in the Brain. Demonstrated Clinically by Magnetic Spectroscopy*  
Forlenza BJP, 2019

Additional Clinical References Available upon Request

# Are you at Risk?

## Poor Brain Aging Risk Factors

Suggesting Preventative use with Luma TC

*Silently in our 40's, nerve cell deterioration can begin to occur in our brain. This "pre-clinical stage" is the time for prevention.*

### Demographics

**Age 65 or older** - Age is the biggest risk factor for Alzheimer's, doubling over 65.

**Gender** – There are twice as many women as men over 65 with Alzheimer's disease.

### Family History

**Family History** – Cognitive Impairment, Memory Loss, Dementia, Alzheimer's, Parkinson's, Huntington's, or ALS Disease

**Genetics** – APOE-4 is the strongest genetic risk factor for Alzheimer's disease. MTHFR Polymorphism is a risk factor for AD. To find out your risk call DVD 985-629-5742 for these genetic tests.

### Medical Conditions

**Cardiovascular Issues** -Hypertension, Stroke, High Cholesterol or Obesity.

**Homocysteine Levels Over 11mm/L** - One of the factors that has been implicated in affecting the rate of brain atrophy, is high levels of an amino acid called homocysteine. Studies show that raised levels increase the risk of Alzheimer's Disease by 50%. Call your doctor for a test

**Diabetes** -Diabetes can cause several complications, such as damage to your blood vessels. Many people with diabetes have brain changes that are hallmarks of both Alzheimer's Disease and Vascular Dementia.

**Mental State**- History of Depression, Bi-Polar Depression, Loneliness, Seclusion or Fear of Aging.

**Previous Head Trauma** - Over the past 30 years, research has linked moderate and severe Traumatic Brain Injury to a greater risk of developing Alzheimer's Disease or another type of Dementia years after the original head injury.

### Lifestyle

**Moderate to Heavy Alcohol/Tobacco Use** - People who smoke a pack of cigarettes or more a day develop Alzheimer's Disease years earlier than those who do not, & heavy drinking of alcohol increases the risk even more.

**Lack of exercise** -Physical activity benefits the brain. Studies show people who are physically active are less likely to experience a decline in their mental function

### Pollution

**Toxic and Chemical Exposure**-Heavy metals such as lead, mercury, arsenic, cadmium, pesticides or insecticides.



An Evidence-based, Natural Treatment Plan Providing Hope.

For Best Results, combine Luma TC with a healthy lifestyle to slow poor brain aging & dementia formation of any kind.

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### Recommended Dose

Take one (1) Luma TC tablet, once per day

## Live a Healthy Life

- 1. Sleep (Goal 8 hours)** – Removes “brain trash” daily
- 2. Mediterranean Diet** – Ocean fish (omegas), colored fruits, vegetables, olive oil, and nuts
- 3. Exercise** – Brisk 40-minute walk, 4 times a week
- 4. Reduce Stress** –Reducing stress lowers daily cortisol, which is damaging to the brain
- 5. Learn “New” Things** – Creates new synapses, connectivity type pathways

# HOW TO PURCHASE

## Online

Visit website to order

[www.LumaTC.com](http://www.LumaTC.com)



## Phone

Call Monday-Friday

**985-629-5742**

